



ASM Technologies Limited

RAHUL DRAVID
ATHLETE MENTORSHIPS

WITH **GoSports**

3. Ajay Singh

Date of Birth: 17th April 1997

Sport: Weightlifting (77 kg)

Hometown: Rajasthan

Training Base: Army Sports Institute, Pune,
Maharashtra



Ajay has always been keen about sports – before weightlifting, he tried his hand at 20km race walking. But his coaches found his talent more suited for weightlifting and recommended him to take up the sports professionally. Ajay's father is an ex-military officer and his mother is a housewife. He has a younger sister who is doing her graduation and a brother who is also an army official. Ajay is currently employed by the Army and trains at the Army Sports Institute in Pune, Maharashtra. Switching to weightlifting has proved the perfect choice for Ajay, as he has earned himself a lot of accolades in this sport.

Athlete Performances

- Gold medal in Jr. Commonwealth Weightlifting Championship in 2017.
- Bronze medal in Jr. Asia weightlifting Championship in 2017.
- Gold medal in Sr. Commonwealth Weightlifting Championship, 2016.
- 13th in Jr. World Championship in 2016.
- Gold medal in South Asian Federation Games, 2016