



ASM Technologies Limited

RAHUL DRAVID
ATHLETE MENTORSHIPS

WITH **GoSports**

21. Saurav

Date of Birth: 24th June 1993

Sport: Taekwondo

Hometown: Sonapat, Haryana

Training Base: Chandigarh

Growing up, Saurav was aggressive and would often pick fights in school. Taking a cue from his inherent desire, Saurav decided to join Taekwondo and channel his passion and aggression towards something more fruitful. Saurav put up a strong showing at the 2014 Asian Games, narrowly losing a bout to his opponent from Afghanistan, to finish fifth at the Games.



At the Asian Olympic qualification tournament for Rio 2016, he lost his bout to the eventual Olympic Champion. Later that year, Saurav won two back-to-back Gold Medals at Open tournaments in Thailand. In 2017, Saurav also won a Gold Medal at the 35th Senior National Taekwondo Championships, following which the Haryana Government awarded him the 'Bheem Award' for his outstanding performances at National and International competitions in the past four years. He was also one of 8 Indian men that went to the World Championships, putting in a strong show but eventually falling short in the round of 32 to a higher ranked Russian.

Athlete Performances

- Gold Medal - 35th National Kyorugi Sr. & 8th National Poomsae Sr. Taekwondo Championships, 2017
- Gold Medal - 6th Tirak Open International Taekwondo Championship, 2016
- Gold Medal - 2nd Heroes International Taekwondo Championship, 2016
- Participated in 22nd Asian Taekwondo Championships, 2016
- Gold Medal - 34th Senior National Taekwondo Championships, 2015
- Gold Medal - 32nd Senior National Taekwondo Championships, 2013